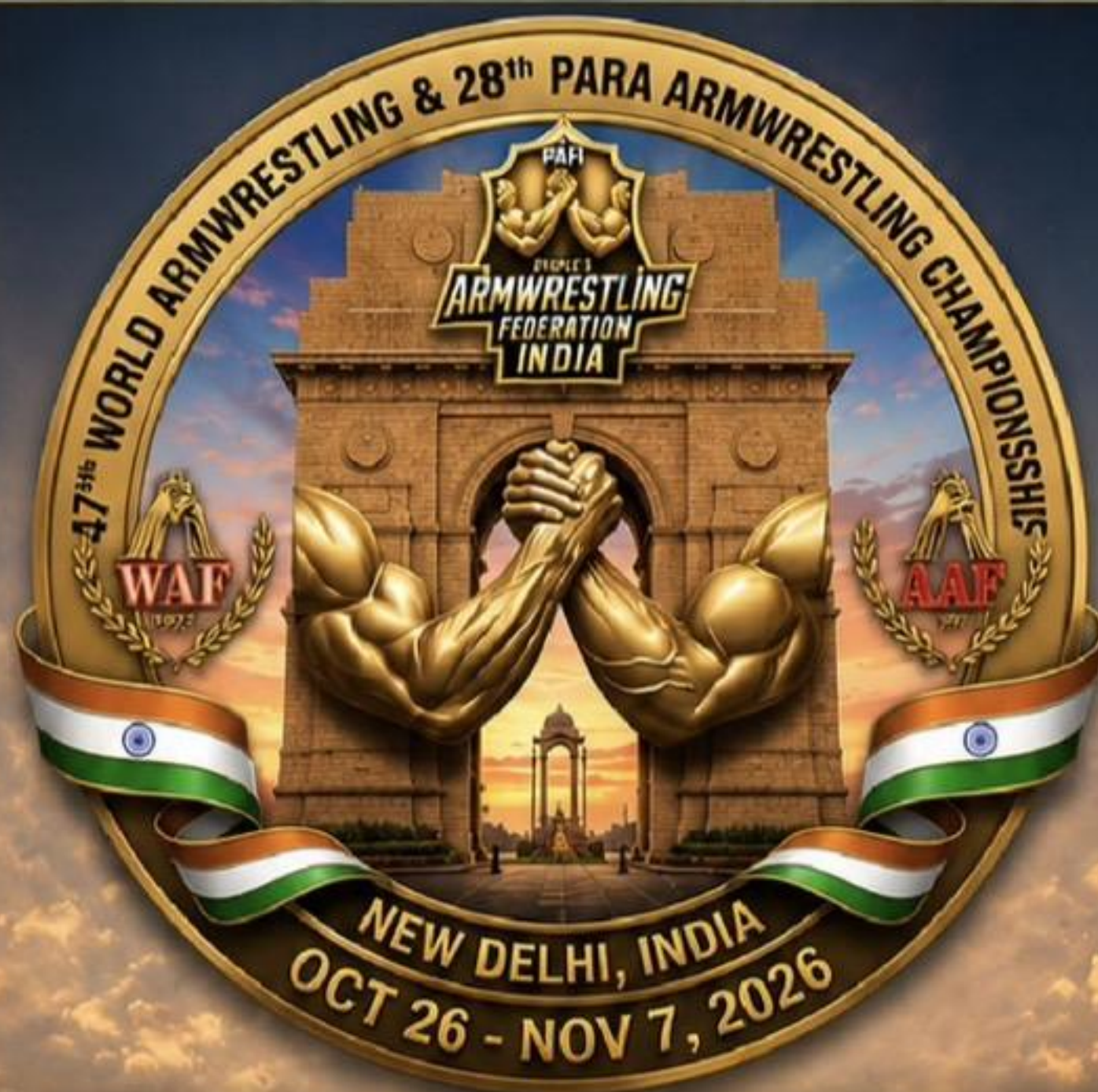
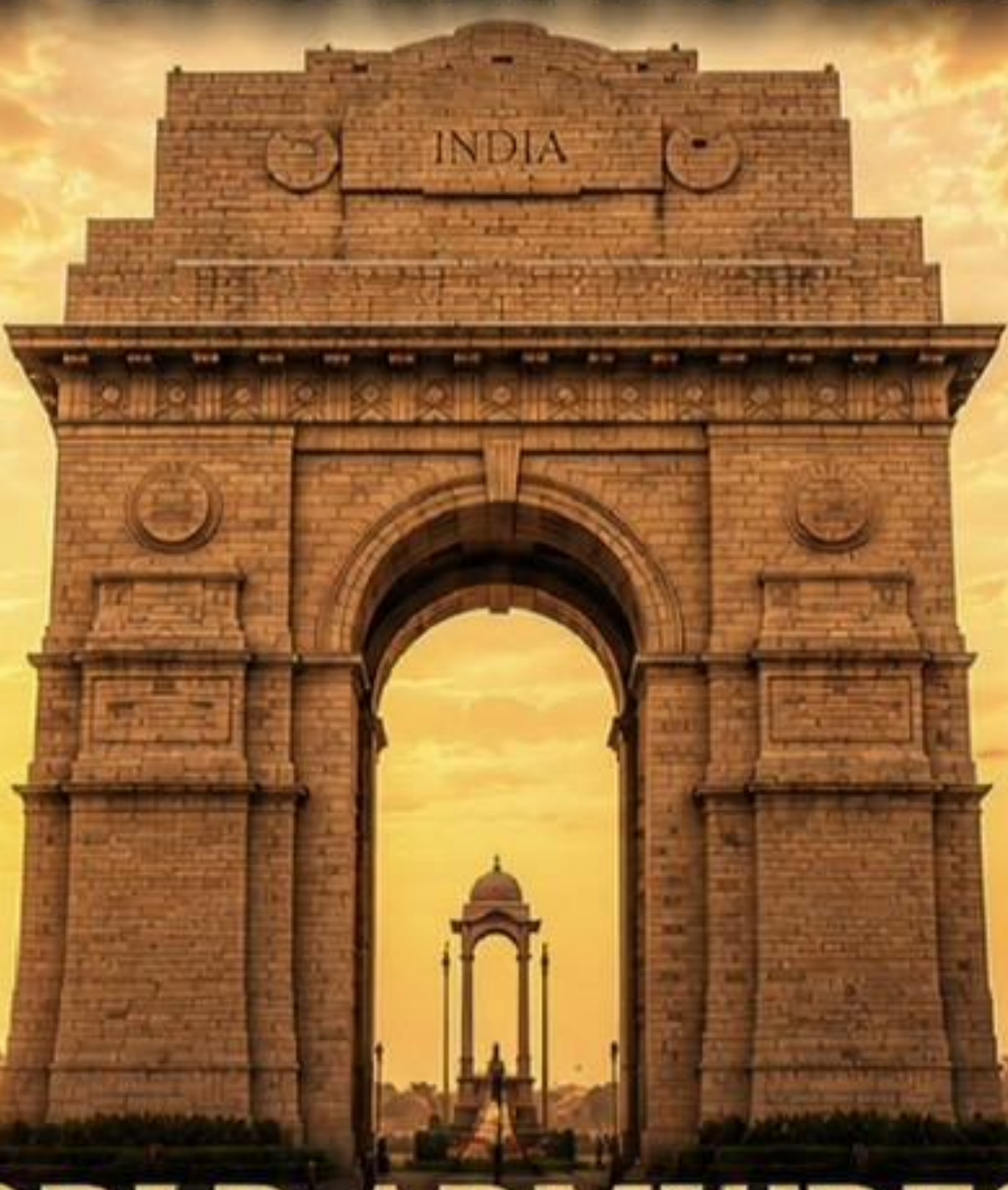




INVITATION PACKAGES



47th WORLD ARMWRESTLING & 28th WORLD PARA ARMWRESTLING CHAMPIONSHIPS

NEW DELHI, INDIA

OCT 26 - NOV 7, 2026



**WORLD
ARMWRESTLING
FEDERATION**
www.waf-armwrestling.com





The **World Armwrestling Federation (WAF)** would like to officially invite you as WAF Member country to attend the **47th World Armwrestling and 28th World Para Armwrestling Championships**, which will be held in **Delhi - India**, from **October 26th to November 7th, 2026**.

All **Finals and Senior Best 8** will be broadcast live on PPV platform, available for all WAF Members media partners on pay-per-view basis. **Complete championships** (preliminaries) will be live streamed on the WAF YouTube Channel.

2026 World Armwrestling and Para Armwrestling Championships will be organized by the **People's Armwrestling Federation of India (PAFI)** represented by **Ms. Preeti JHANGIANI** as the President, **Mr. Praveen Singh Jadon** as the General Secretary and **Mr. Parvin Dabas** Chair of the **Local Organizing Committee (LOC)**.

The Federation is prepared to receive **more than 1.700 competitors, officials and supporters** from over **60 participating countries**.

Teams are expected to arrange **VISA formalities** (if needed), airports **transfers, transport, accommodation** and other **services** with the local organizing committee (LOC). **Championships online registration and other matters** will be arranged with the WAF.

You will find all the information in this invitation package and if you need more information, please contact us at pafiworld@gmail.com (Organizer) or mircea@waf-armwrestling.com (WAF).

Please respect the following deadlines:

	Latest
Start date for the online registration:	26 th of August 2026
Visa application latest:	14 th of September 2026
Hotel & Transfers reservation latest:	26 th of September 2026
End of online registration:	14 th of October 2026
Para armwrestling Classification files:	14 th of September 2026

[Event FB page](#)

[Online registration page](#)

1.1 Championships Schedule

Teams Arrival	
Monday 26th of October 2026	
Tuesday	
27th of October 2026 © Leela Ambience Hotel	
10 ⁰⁰ -14 ⁰⁰ Team Registration	⌘ team captains only, by the schedule
14 ⁰⁰ Asian Continental Meeting	⌘ official meeting (by invitation only)
15 ⁰⁰ South & North American Continental Meeting African Continental Meeting	⌘ official meeting (by invitation only)
18 ⁰⁰ European Continental Meeting	⌘ official meeting (by invitation only)
Wednesday	
28th of October 2026 © Leela Ambience Hotel	
09 ⁰⁰ -14 ⁰⁰ WEIGH-IN MASTERS	⌘ masters40+, grand m.50+, senior g. m.60+, super g.m.70+
10 ⁰⁰ Referee Seminar, certification	⌘ registered referees
15 ⁰⁰ Technical meeting	⌘ team captains only
17 ⁰⁰ World Armwrestling Federation Congress	⌘ official meeting (by invitation only)
Thursday >>> Left & Right Arm All Masters	
29th of October 2026 © Leela Ambience Hotel	
09 ⁰⁰ QUALIFICATIONS MASTERS LEFT & RIGHT	
10 ⁰⁰ -15 ⁰⁰ WEIGH-IN JUNIORS	⌘ sub-juniors 15, juniors 18, youth 23
14 ⁰⁰ -16 ⁰⁰ Classification Seminar, certification	⌘ registered classifiers and attendants
16 ⁰⁰ <i>OPENING CEREMONY (all teams at 15³⁰)</i>	
17 ⁰⁰ FINALS & AWARDS MASTERS LEFT & RIGHT	
Friday >>>	
Left Arm Sub-Juniors 15, Juniors 18, Youth 23	
30th of October 2026 © Leela Ambience Hotel	
09 ⁰⁰ QUALIFICATIONS JUNIORS LEFT	
10 ⁰⁰ -18 ⁰⁰ <i>Classification Para</i>	⌘ Para athletes not confirmed & review.
17 ⁰⁰ FINALS & AWARDS JUNIORS LEFT	
Saturday >>>	
Right Arm Sub-Juniors 15, Juniors 18, Youth 23	
31st of October 2026 © Leela Ambience Hotel	
09 ⁰⁰ QUALIFICATIONS RIGHT	
10 ⁰⁰ <i>WEIGH-IN PARA</i>	⌘ All classified PARA athletes
17 ⁰⁰ FINALS & AWARDS RIGHT	

Sunday >>> Left Arm All Para	
1st of November 2026 © Leela Ambience Hotel	
09 ³⁰ QUALIFICATIONS PARA LEFT	
16 ³⁰ FINALS & AWARDS PARA LEFT	
Monday >>> Right Arm All Para	
2nd of November 2026 © Leela Ambience Hotel	
09 ³⁰ QUALIFICATIONS PARA RIGHT	
10 ⁰⁰ -14 ⁰⁰ <i>WEIGH-IN SENIORS</i>	⌘ Seniors
16 ³⁰ FINALS & AWARDS PARA RIGHT	
Tuesday >>> Left Arm Seniors	
Men: -55, 60, 70, 80, 90, 110 kg	
Women: -50, 60, 70, 90 kg	
3rd of November 2026 © Leela Ambience Hotel	
09 ⁰⁰ QUALIFICATIONS SENIORS LEFT	
14 ⁰⁰ BEST8, SEMI-FINALS, FINALS & AWARDS	
Wednesday >>> Left Arm Seniors	
Men: 65, 75, 85, 100, +110 kg	
Women: 55, 65, 80, +90 kg	
4th of November 2026 © Leela Ambience Hotel	
09 ⁰⁰ QUALIFICATIONS SENIORS LEFT	
14 ⁰⁰ BEST8, SEMI-FINALS, FINALS & AWARDS	
Thursday >>> Right Arm Seniors	
Men: -55, 60, 70, 80, 90, 110 kg	
Women: -50, 60, 70, 90 kg	
5th of November 2026 © Leela Ambience Hotel	
09 ⁰⁰ QUALIFICATIONS SENIORS RIGHT	
14 ⁰⁰ BEST8, SEMI-FINALS, FINALS & AWARDS	
Friday >>> Right Arm Seniors	
Men: 65, 75, 85, 100, +110 kg	
Women: 55, 65, 80, +90 kg	
6th of November 2026 © Leela Ambience Hotel	
09 ⁰⁰ QUALIFICATIONS SENIORS RIGHT	
14 ⁰⁰ BEST8, SEMI-FINALS, FINALS & AWARDS	
21 ⁰⁰ <i>CLOSING CEREMONY</i>	⌘ ALL PARTICIPANTS
Teams departure	
Saturday 7th of November 2026	

!!!! EVERY COMPETITION DAY CHECK-IN OPENS
30 MINUTES BEFORE THE SCHEDULED TIME !!!!



2026 WAF ARMWRESTLING CATEGORIES

CLASS	AGE	CODE	GEN	-40	45	50	55	60	65	70	75	80	85	90	100	110	110+
SUB-JUNIOR 15	14-15	K	M		-45	50	55	60	65	70	70+						
		K.	F	-40	45	50	55	60		70	70+						
JUNIOR 18	16-18	J	M			-50	55	60	65	70	75	80		90	90+		
		J.	F		-45	50	55	60	65	70	70+						
YOUTH 23	19-23	Y	M				-55	60	65	70	75	80	85	90	100	110	110+
		Y.	F			-50	55	60	65	70		80		90	90+		
SENIOR	ALL	M	M				-55	60	65	70	75	80	85	90	100	110	110+
		W	F			-50	55	60	65	70		80		90	90+		
MASTER	40+	V	M					-60		70		80		90	100	110	110+
		V.	F					-60		70		80	80+				
GRAND MASTER	50+	VG	M							-70		80		90	100	100+	
		VG.	F					-60		70		80	80+				
SENIOR GRAND MASTER	60+	VS	M							-70		80		90	100	100+	
		VS.															
SUPER SENIOR GRAND MASTER	70+	VP	M														
		SP.															

2026 WAF PARA-ARMWRESTLING CATEGORIES

CLASS	AGE	CODE	GEN	-50	55	60	65	70	75	80	85	90	100	100+
PID Sitting Physical Impairments Sitting	ALL	D	M		-55		65		75				100	100+
		D.	F		-55		65		65+					
PID Junior 23 Physical Impairments Sitting	ALL	DJ	M						open					
		DJ.	F						open					
PIDH Sitting Physical with upper limbs impairments Sitting	ALL	DA	M							-80	80+			
		DA.												
PIU Standing Physical Impairments Standing	ALL	U	M			-60		70		80		90	90+	
		U.	F		-55		65		65+					
PIU Junior 23 Physical Impairments Standing	14-23	UJ	M		-55		65		65+					
		UJ.	F	-50	50+									
PIUH Standing Physical with upper limbs impairments Standing	ALL	UA	M								-85	85+		
		UA.	F				-65		65+					
PIUH Junior 23 Physical with upper limbs impairments Standing	14-23	UAJ	M			-60	60+							
		UAJ.												
VI Visual Standing Visual Impairments Standing	ALL	E	M			-60		70		80		90	100	100+
		E.	F			-60		70		70+				
VI Junior 23 Visual Impairments Standing	14-23	EJ	M		-55		65		65+					
		EJ.	F	-50	50+									
HI Hearing Standing Hearing Impairments Standing	ALL	H	M			-60		70		80		90	100	100+
		H.	F			-60		70		70+				
HI Junior 23 Hearing Impairments Standing	14-23	HJ	M		-55		65		65+					
		HJ.	F	-50	50+									
CPD Sitting Cerebral Palsy Impairments Sitting	ALL	DC	M		-55		65		65+					
		DC.												
CPU Standing Cerebral Palsy Impairments Standing	ALL	UC	M			-60		70		80		80+		
		UC.	F							open				



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D: Physical Impairment athletes, sitting
U: Physical Impairment athletes, standing
DA: Physical Impairment athletes with upper limbs impairment, sitting
UA: Physical Impairment athletes with upper limbs impairment, standing
E: Visual impairment athletes, standing

H: Hearing impairment athletes, standing
DC: Cerebral palsy athletes, sitting
UC: Cerebral palsy athletes, standing
M: Male F: Female .: Female code

1.3 Age Groups & Team Trophies

AGE GROUPS							
2012-2011	2010-2008	2007-2003	2002-1987	1986 -	1976 -	1966 -	1956 -
Sub-Juniors 15 (K / K.)	Juniors 18 (J / J.)	Youth 23 (Y / Y.)	Seniors all ages (M / W)	Masters 40+ (V / V.)	Grand Masters 50+ (VG / VG.)	Senior Masters 60+ (VS)	Super Masters 70+ (VP)
JUNIOR CLASSES			SENIORS	MASTER CLASSES			

TEAM TROPHIES

WORLD ARMWRESTLING CHAMPIONSHIP

- ❖ Overall
(all classes except para classes)
- ❖ Junior Women and Men
(Sub-Junior 15, Junior 18 and Youth 23)
- ❖ Masters Women and Men
(Master, Grand Master, Senior Grand Master and Super Senior Grand Master classes)
- ❖ Senior Women and Men (Senior classes)

TEAM TROPHIES

WORLD PARA ARMWRESTLING CHAMPIONSHIP

- ❖ Overall Women (Youth 23 and senior classes for women)
- ❖ Overall Men (Youth 23 and senior classes for men)

POINTS DISTRIBUTION:

According with the approved pointing system, Team classification will be made based on gold, silver and bronze medals.

Only in the event that two teams have the same number of gold, silver and bronze medals the position of the two will be established by the following pointing system:

1 st place	= 10 points	4 th place	= 4 points	7 th place	= 1 point
2 nd place	= 7 points	5 th place	= 3 points		
3 rd place	= 5 points	6 th place	= 2 points		

Additionally, for the **para athletes** the **quadrennial qualification system**, Para Armwrestling Qualification Rules apply starting October 2018.

1. GENERAL INFORMATION

1.4 Host country INDIA



Facts about INDIA

Official Name: Republic of India

Location: South Asia

Neighboring Countries: Pakistan (W), China (N), Nepal (N), Bhutan (N), Bangladesh (E), Myanmar (E)

Time Zone: GMT +5:30

Area: 3,287,263 sq. km (1,269,219 sq. miles)

Flag of India: 

Population: ~1.46 billion

Largest Cities: New Delhi (capital), Mumbai, Bengaluru, Kolkata, Chennai, Hyderabad, Pune, Ahmedabad

Main Ethnic Groups: Indo-Aryan (~72%), Dravidian (~25%), Mongoloid and other groups (~3%)

Religions: Hinduism ~79.8%, Islam ~14.2%, Christianity ~2.3%, Sikhism ~1.7%,  Buddhism ~0.7%, Jainism ~0.4%, Others

Official Languages: Hindi and English (Union Government)

Recognized Languages: 22 scheduled languages including Bengali, Telugu, Marathi, Tamil, Urdu, Gujarati, Kannada, Malayalam, Punjabi, Assamese, Odia

Currency: Indian Rupee (INR)

Exchange Rate (approx.)

- 1 EUR ≈ 95–100 INR
- 1 USD ≈ 83–86 INR

Exchange rates vary daily.

Climate:

26th of October – 7th November 2026, will have India's post-monsoon season, with generally warm and pleasant weather, **daytime** temperatures ranging from 25°C to 32°C and **evening** temperatures between 15°C and 22°C, accompanied by **low rainfall** and comfortable conditions for travel and sporting activities.

Form of State: Federal Parliamentary Democratic Republic.

Legal System: Based on the Constitution of India (1950), common law tradition, and parliamentary democracy.

Head of State: President of India: Mrs. Droupadi Murmu

Head of Government: Prime Minister: Mr. Narendra Modi

Administrative Divisions: 28 States and 8 Union Territories

International Memberships:

India is a member of: United Nations (UN), G20, BRICS, Commonwealth of Nations, Shanghai Cooperation Organisation (SCO), World Trade Organization (WTO)

Economy:

- 4th largest economy in the world by nominal GDP (2025 estimates)
- Global leader in: Information Technology, Pharmaceuticals, Space Technology, Business Process Outsourcing (BPO)

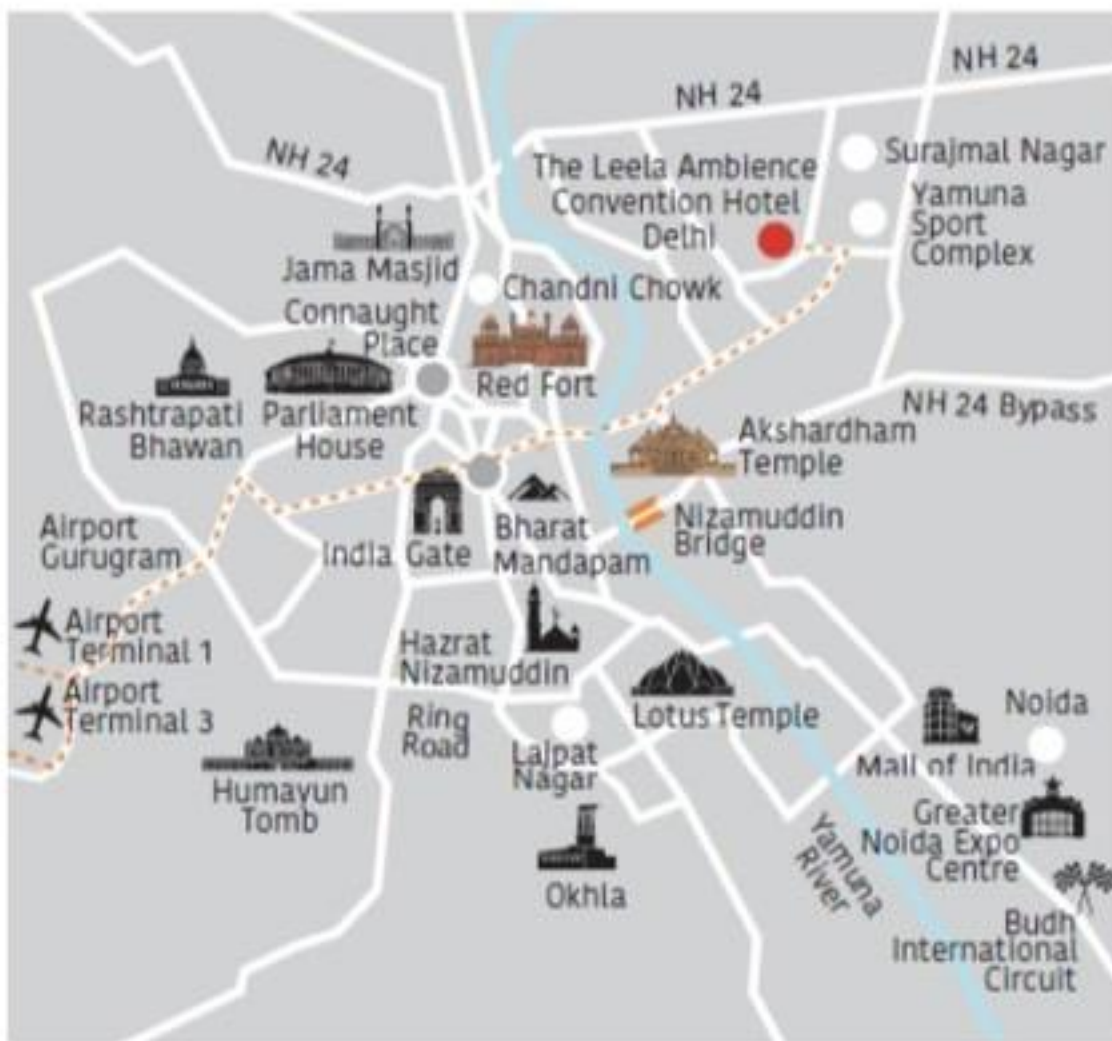
Interesting Facts

- World's most populous country.
- Largest democracy in the world.
- Birthplace of Hinduism, Buddhism, Jainism and Sikhism.
- Chess originated in India.
- Home to the Taj Mahal, one of the New Seven Wonders of the World.
- Operates one of the world's most successful space programs through Indian Space Research Organisation.

Cultural Etiquette:

- **Respect** local customs, traditions, and religious practices.
- **Dress modestly** when visiting religious sites.
- **Remove shoes** before entering temples, mosques, gurudwaras, and some traditional homes.
- **Ask permission** before photographing people or religious ceremonies.
- **Avoid sensitive discussions** regarding religion, politics, or regional disputes.
- **Respect local dietary customs**, particularly regarding **beef** and other religious food restrictions.

1.5 Host City DELHI



Transportation: International Airport: 25 Kms | Metro Station: 1 Km
(Karkardooma and Mansarovar Park) | New Delhi Railway Station: 11 Kms

New Delhi is a vibrant capital city blending ancient heritage with modern development. Visitors can explore world-famous monuments, cultural landmarks, shopping districts and spiritual sites, all located within easy reach of the championship venue.

The championship venue, The Leela Ambience Convention Hotel Delhi, is strategically located in East Delhi, offering convenient access from Indira Gandhi International Airport, New Delhi Railway Station and the city's main road network. The map highlights key landmarks, transportation hubs and major attractions surrounding the venue, helping visitors navigate the city with ease.

Points of interest



Red Fort
Iconic Mughal fortress and UNESCO World Heritage site.

10 km
20-30 min

Qutub Minar
World's tallest brick minaret, surrounded by historic ruins.

22 km
40-60 min



India Gate
National war memorial and popular evening promenade.

12 km
25-35 min

Lotus Temple
Striking Bahá'í House of Worship shaped like a lotus flower.

18 km
35-50 min



Connaught Place
Colonial-era shopping and dining hub, heart of modern Delhi.

11 km
25-35 min

Taj Mahal (Agra)
The world-famous marble mausoleum, a New Wonder of the World.

230 km
3-4 hrs



2. TRAVEL TO DELHI

2.1 Arrival by Air



NEW DELHI (DEL) Indira Gandhi International Airport

Indira Gandhi International Airport (DEL) is India's largest and busiest airport and one of the world's leading aviation hubs. During the 2024–2025 financial year, the airport handled more than 79 million passengers, including over 21 million international travelers. It is currently ranked among the world's ten busiest airports.

Located approximately 16 km from central New Delhi, the airport offers modern facilities, efficient passenger processing and direct international connections across five continents. Terminal 3, used for most international flights, is recognized as one of Asia's most advanced airport terminals.

TRAVEL TIPS:

- Arrive at the airport at least 3 hours before international departures.
- International check-in counters generally close 75 minutes before departure.
- Security screening is generally efficient, but waiting times may increase during peak morning and evening hours.

- Keep your passport, visa and boarding pass readily available for multiple document checks.
- Power banks are permitted only in cabin baggage.
- Free Wi-Fi is available throughout the airport.
- Currency exchange, ATMs, lounges, restaurants and duty-free shopping are available 24/7.

AIRPORT TO CITY: Official transfer typically 30–45 minutes, depending on traffic.

GOOD TO KNOW

- ✓ One of the world's top 10 busiest airports
- ✓ More than 79 million passengers annually
- ✓ Four operational runways
- ✓ Direct connections to over 50 countries

DIRECT INTERNATIONAL CONNECTIVITY

Europe:

United Kingdom, Ireland, France, Germany, Netherlands, Belgium, Switzerland, Austria, Denmark, Sweden, Italy, Spain, Greece, Poland, Czech Republic, Russia, Türkiye.

Asia & Middle East:

United Arab Emirates, Qatar, Oman, Bahrain, Kuwait, Saudi Arabia, Jordan, Israel, Kazakhstan, Kyrgyzstan, Tajikistan, Turkmenistan, Uzbekistan, Afghanistan, Nepal, Bhutan, Bangladesh, Sri Lanka, Maldives, Singapore, Thailand, Malaysia, Vietnam, Philippines, Indonesia, China, Hong Kong SAR, South Korea, Japan.

North America:

United States of America, Canada.

Oceania:

Australia.

Africa:

Ethiopia, Kenya, Egypt, Mauritius.

Find your flight at:

[Cheap Flights to Delhi | Skyscanner](#)

